

About this pack

Thank you for accessing the Cricket Without Boundaries COVID-19 pack. This pack is designed to be used in places where sports in the community or school environments are permitted, to reinforce key measures for preventing the spread of COVID-19, giving coaches the information they need to answer young people's questions. They are particularly designed for use where containment of COVID-19 is still a high priority.

Flashcards

The flashcards in the pack are helpful reminders of the most important ways to prevent the spread of COVID-19. They can be used in games with the activity ideas included (see below) or as reminders at the end of the session.

Flashcards can be printed single sided, in which case we encourage coaches to cover the answer with their hand as they hold the questions up to be read, or double sided with the question on one side and the question plus answer(s) on the other. We recommend printing the flashcards in colour and laminating them – this makes them hard wearing, reusable, and easy to clean!

Activity Ideas

Activity ideas will suggest ways to use these flashcards in cricket-based games. While there are illustrations of these practices included here, if you would like more detailed instructions for games and activities, please check out the Cricket Without Boundaries resources page:

<https://www.cricketwithoutboundaries.com/index.php/our-work/resources>

We also include a game that encourages young people to discuss the importance of community and acting to help others, to help keep up motivation for using these behaviours.

Fact Sheet

The flashcards and activity ideas are supported by a COVID-19 fact sheet. This includes key facts and common questions as identified by Cricket Without Boundaries coaches in East Africa.

You may find different questions come up in different areas. If you would like a context specific fact sheet, please collect the most common questions in your areas and contact sara@cricketwithoutboundaries.com and we will be happy to develop a context specific resource.